| January 2023 | | | | | | | | |
|----------------|---------------------------|---------|-----------|----|--------|----------|--|--|
| Sunday | Monday | Tuesday | Wednesday | | Friday | Saturday | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | | |
| New Year's Day | New Year's Day Holiday | | | | | | | |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 | | |
| 15 | 16 M L King Day | 17 | 18 | 19 | 20 | 21 | | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | | |
| 29 | 30 | 31 | | | | | | |

| February 2023 | | | | | | | | |
|---------------|--------|-----------------|-----------|----------|--------|----------|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| | | | 1 | 2 | 3 | 4 | | |
| 16:30 – 20:30 | 6 | 7 | 8 | 9 | 10 | 11 | | |
| 12 | 13 | Valentine's Day | 15 | 16 | 17 | 18 | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | | |
| 26 | 27 | 28 | | | | | | |

| March 2023 | | | | | | | | |
|------------|--------|---------|-----------|----------|---------------------|----------|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| | | | 1 | 2 | 3 | 4 | | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | | |
| 12 | 13 | 14 | 15 | 16 | 17 St-Patrick's Day | 18 | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | | |
| 26 | 27 | 28 | 29 | 30 | 31 | | | |

| April 2023 | | | | | | | | |
|-------------|--------|---------|-----------|----------|----------------------|----------|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| | | | | | | 1 | | |
| 2 | 3 | 4 | 5 | 6 | 7 Good Friday | 8 | | |
| 9 Easter | 10 | 11 | 12 | 13 | 14 | 15 | | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | | |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 | | |
| 30 | | | | | | | | |

| May 2023 | | | | | | | | |
|---|----------------------------|---------|-----------|---|--|-------------|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| | 1 | 2 | 3 | Registration at ELM Chalet 18:30 to 21:00 | 5 | 6 | | |
| Registration at ELM Chalet 13:00 to 16:00 | 8 | 9 | 10 | 11 | 12 | 13 | | |
| 14 Mother's Day | 15 NAA first meeting | 16 | 17 | 18 | 19 | 20 | | |
| 21 | 22 | 23 | 24 | 25 | Last day for early bird registration prices! | 12:00–16:00 | | |
| 28 Spring Clean-up 12:00-16:00 | 29 | 30 | 31 | | | | | |

| June 2023 | | | | | | | | |
|--|--|-------------------------------------|-------------------------------------|------------------------------|---|---|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| | | | | 1 | 2 | 3 Spring Cleanup 12:00-16:00 Staff+Committee night | | |
| 4 | 5 | 6 | 7 | 8 | Pre-Season Staff Training | Pool Opens Free Pass! 11:00-20:00 | | |
| 11 Free Open House 11:00 to 20:00 | Pre-Season 16:00 to 20:00 | Pre-Season 16:00 to 20:00 | Pre-Season 16:00 to 20:00 | Pre-Season 16:00 to 20:00 | 16 Pre-Season 16:00 to 20:00 | Pre-Season Parade & Carnival 11:00 to 20:00 Open House 11:00 to 20:00 | | |
| Father's Day Pre-Season Open House 11:00 to 17:00 | Pre-Season 16:00 to 20:00 NAA second meeting | 20 Pre-Season 16:00 to 20:00 | 21 Pre-Season 16:00 to 20:00 | Pre-Season 16:00 to 20:00 | Pre-Season 13:00 to 20:00 Bronze Classes begin 11:00 to 13:00 | Opening Day St-Jean Baptiste + Fun Day 11:00 to 21:00 | | |
| 25 Weekend Lessons + Masters Begins Session 1 Pool open 11:00 to 21:00 | 26 Weekday Lessons, Programs and Youth Club Begins + Synchro Team Placements | Fitness inspired Yoga at 7:00 PM | 28 | 29 | 30 | | | |

| July 2023 | | | | | | | | |
|---|---|--|---|---|--|---|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| | | | | | | 1 Canada Day Trivia & Fun | | |
| Bingo Night Grill n'chill | 3 | Yoga at 7:00 PM Waterpolo U-12 and Boys vs TBD at TBD | 5 Swim Meet Elm vs VYC at Valleycrest Pool | biving Meet Elm vs Fvw at Fairview Pool | 7 Olympic Day + Girls Waterpolo vs TBD at TBD | 8 Diving A and B 2 nd Meet | | |
| 9 | Aquafit café night at 6:30 pm | Yoga at 7:00 PM Waterpolo U-12 and Boys vs TBD at TBD | Swim Meet Elm vs Wes at ELM | 13 Diving Meet Elm vs Ver at Versailles Pool | Girls Waterpolo vs TBD at TBD + Swim-a-Thon 15:30 to 17:30 | PJ Party Teddy Bear Dance 18:00 to 20:00 | | |
| 16 | 17 | 18 Yoga at 7:00 PM Waterpolo U-12 and Boys vs TBD at TBD | Swim Meet Elm vs FVW at ELM | 20 Diving Meet Elm vs Sur at Surrey Pool | 21 Girls Waterpolo vs TBD at TBD | Summer Swimmers Meet at Valleycrest | | |
| 23 8&under Fun Swim Meet @ ELM 14:00 to 16:00 | Swimming Lessons Session 2 Begins | Yoga at 7:00 PM Waterpolo U-12 and Boys vs TBD at TBD | 26 Swim Meet Elm vs Gle at Glenmore Pool | 27 Diving Meet Elm vs Ecc at ELM | 28 Girls Waterpolo vs TBD at TBD + Halloween in July | 29 Junior Synchro Prelims at WPK | | |
| 30 Senior Synchro Prelims at ELM | Paint night & wine 7:00 pm | | | | | | | |

| August 2023 | | | | | | | |
|--|--|---|--|--|--|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
| | | Yoga at 7:00 PM Waterpolo U-12 and Boys vs TBD at TBD | Swim Meet Elm vs Ecc at ELM | 3 Diving Meet Elm vs Gle at Glenmore Pool | Girls Waterpolo vs TBD at TBD Elm Waterpolo Tournament | 5 Feed Staff week + Time Trials at ECC 90's adult party Night | |
| Feed Staff week Corn Roast Fun & games + Synchro show | 7 Feed Staff week | Yoga at 7:00 PM Feed Staff week + Waterpolo Playoffs 1 at VYC | Feed Staff week + Pre-Junior Finals at ELM | Feed Staff week Diving Meet Elm vs Wal at ELM | Feed Staff week Lip Synch/Talent + Pie in the face | 12 Big Meet at ECC | |
| Big Meet Back-up date + Swim Team Fiesta | Junior Synchro Finals at Thorndale | Yoga at 7:00 PM Waterpolo playoffs 2 at WES | 16 Senior Synchro Finals at WPK | Aquafit Pot-Luck Lunch! + Diving Finals at FVW Pool 3 PM | Last Day, of Regular Season + Bronze Exam | Waterpolo Finals Girls at ELM pool open + Post- Season 11:00 to 20:00 | |
| Water polo Finals @ ELM, pool open post- Season 11:00 to 20:00 | 21 Post-Season 16:00 to 20:00 | Post-Season 16:00 to 20:00 | 23 Post-Season 16:00 to 20:00 | Post-Season 16:00 to 20:00 | 25 Post-Season 16:00 to 20:00 | 26 Post-Season 11:00 to 20:00 | |
| Post-Season 11:00 to 20:00 | Post-Season 16:00 to 20:00 NAA Final 2023 meeting | Post-Season 16:00 to 20:00 | 30 Post-Season 16:00 to 20:00 | 31 Post-Season 16:00 to 20:00 | | | |

| | September 2023 | | | | | | | | |
|--|---|---------|-----------|----------|-------------------------------|-------------------------------|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | |
| | | | | | Post-Season 16:00 to 20:00 | Post-Season 11:00 to 20:00 | | | |
| Post-Season 11:00 to 16:00 Awards Night 17:00 photos 17:30 Start | Labor Day Last Day of Pool 11:00 to 17:00 | 5 | 6 | 7 | 8 | 9 | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 FALL CLEAN UP | | | |
| 17 FALL CLEAN UP | 18 | 19 | 20 | 21 | 22 | 23 | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | |

| October 2023 | | | | | | | | |
|---------------|-------------------------|--------------|-----------|----------|--------|------------------|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | | |
| 8 | 9 Flappy Thanksgiving | 10 | 11 | 12 | 13 | 14 FALL CLEAN UP | | |
| FALL CLEAN UP | 16 | 17 | 18 | 19 | 20 | 21 | | |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 | | |
| 29 | 30 | 31 Halloween | | | | | | |

| November 2023 | | | | | | | | |
|-----------------------------|--------|---------|-----------|----------|--------|-----------------|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| | | | 1 | 2 | 3 | 4 | | |
| 5 | 6 | 7 | 8 | 9 | 10 | Remembrance Day | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | | |
| 19 AGM 13:00 to 15:00 | 20 | 21 | 22 | 23 | 24 | 25 | | |
| 26 | 27 | 28 | 29 | 30 | | | | |

| December 2023 | | | | | | | | |
|--------------------------------------|--------------|---------|-----------|----------|--------|----------|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
| | | | | | 1 | 2 | | |
| 3 Breakfast with Santa 8:30 to 11:00 | 4 | 5 | 6 | 7 | 8 | 9 | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | | |
| 24 | 25 Christmas | 26 | 27 | 28 | 29 | 30 | | |
| 31 | | | | | | | | |