

EPRA 2018 WEEKLY SCHEDULE

Weekly schedule runs Monday, June 25th to Sunday, August 19th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimming Lessons 8:30 to 10:30	Swimming Lessons 8:30 to 10:30	Swimming Lessons 8:30 to 10:30	Swimming Lessons 8:30 to 10:30	Bronze Med & Cross 8:00 to 10:00	**Rubber Ducky Swim 11:00 to 12:30	Child Lessons 10:00 to 12:00 Masters 10:00 to 11:00 **Rubber Ducky Swim 11:00 to 12:30
Synchro Lessons 10:00 to 10:30	WaterPolo Lessons 10 to 10:30 Jr Lifesaving 10:00 to 10:30	Synchro Lessons 10:00 to 10:30	Water Polo Lessons 10 to 10:30 Jr Lifesaving 10:00 to 10:30	Staff Training 10:00 to 12:00	Free Swim 11:00 to 21:00	Free Swim 11:00 to 21:00
Diving Lessons / Team 10:30 to 11:30	Water Polo Team 10:30 to 11:30	Diving Lessons / Team 10:30 to 11:30	Water Polo Team 10:30 to 11:30			
Aquafitness 10:30 to 11:30	Aquafitness 10:30 to 11:30	Aquafitness 10:30 to 11:30	Aquafitness 10:30 to 11:30			
Guppies 11:30 to 12:15	Parents & Tots 11 to 11:30 Guppies 11:30 to 12:15	Guppies 11:30 to 12:15	Parents & Tots 11 to 11:30 Guppies 11:30 to 12:15			
SwimTeam (10 & Under) 11:30 to 12:15	SwimTeam (10 & Under) 11:30 to 12:15	SwimTeam (10 & Under) 11:30 to 12:15	Swim Team/Cross Fit Fun Day 11:30 to 12:30			
Swim Team (11 & Over) 12:15 to 13:15	Swim Team (11 & Over) 12:15 to 13:15	Swim Team (11 & Over) 12:15 to 13:15	*Junior / Senior Synchro (Solo & Duet) 12:30 to 14:00	Swim Team (All Ages) 12:00 to 13:00	Free Swim 11:00 to 21:00	
*Junior / Senior Synchro (Team) 13:15 to 14:00	*Pre-Junior Synchro 13:15 to 14:00 *Junior / Senior Synchro (Team) 13:15 to 14:00	*Junior / Senior Synchro (Team) 13:15 to 14:00		*Pre-Junior Synchro 13 to 14pm *Junior / Senior Synchro (Team) 13:00 to 14:00		
Free Swim 13:15 to 21:00	Free Swim 13:15 to 21:00	Free Swim 13:15 to 21:00	Free Swim 13:15 to 21:00	Free Swim 13:15 to 21:00		
Leaders 14:00 to 14:30	Junior Leaders 14:00 to 14:30	Leaders 14:00 to 14:30	Junior Leaders 14:00 to 14:30			
Child Lessons 17:30 to 19:30	Bronze 14:00 to 14:00	Seniors Night (Selected Evenings)	Masters 18:00 to 19:00	Girls' Water Polo Games		
Adult Lessons 18:00 to 19:00	Yoga 19:00 to 20:00	Swim Team Competitions (Pool Closes Early)	Diving Competitions			
	Boys' Water Polo Games					

*NOTE THAT THE DEEP END IS CLOSED DURING SYNCHRO PRACTICES

**THE POOL IS CLOSED DURING STAFF TRAINING ON FRIDAY MORNINGS

**DURING RUBBER DUCKY SWIM ON WEEKENDS, INFLATABLE TOYS ARE PERMITTED IN THE POOL

*** "SPECIAL OLYMPICS" WILL TRAIN AT ELM ON TUESDAY NIGHTS from 19:30 to 20:30 pm